

Bike Month: A Celebration Of Cycling

At Metrolinx, we're proud to accommodate, promote and support active transportation in the Greater Toronto and Hamilton Area (GTHA). There are 14 million trips made on a daily basis across our region and at least a third of those journeys could be made on a bike. Cycling is a fast, affordable and easy alternative to get around, and if you haven't already tried it, it's a great time to start.

Bike Month kicks off on Monday, May 29th, it continues until the end of June, and we're working with our partners across the region to help bring initiatives and events to your community. You can look forward to contests, rides, races, tours, festivals and so much more.

Find out what's happening in your neighborhood at bikemonth.ca.



Bike Share Toronto

Together with the Toronto Parking Authority (TPA), we're making it even easier to cycle in the city. Last year, we doubled the size of the existing Bike Share Toronto network by adding 120 new bike stations and 1,000 new bikes. We want to spread the cycling love and are now working to bring the Bike Share model to the rest of the GTHA.

Bike to Work Day

Start your day off with energy and end it with letting go of the stresses of the day by biking to work. Join thousands of people on May 29th for the annual Bike to Work Day. There are many events across the region, including York Region's Commuter Challenge for Bike Month. There's also a variety of prizes to be won, so don't miss out.

Bike to School Week

The journey to school should be a fun and healthy one. Join students and teachers across the GTHA to celebrate Bike to School Week, May 29th - June 2nd. Last year, Bike School was a huge success in the region with over 300 schools participating, and this year, 431 schools and counting are committed to taking part.

Bike to GO

When you combine transit with cycling, you extend your reach much further across the city and the region. There are bike racks on GO Buses, reserved bicycle parking at Burlington and Hamilton GO stations, and a secure, indoor bike facility at Union Station. You can also take your bike on a GO Train during weekends and on statutory holidays.



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